

BSA Venturing Crew 80
Alexandria, VA
W3BSA.org

BSA leaders can become American Red Cross Instructors in First Aid, CPR/AED, and Wilderness and Remote First Aid

Many, if not all, BSA High Adventure Camps require that two members of each crew, either adult or youth be currently certified in ARC Adult CPR and AED and Wilderness and Remote First Aid (WRFA) or equivalent.

Our goal is to enable BSA leaders become Red Cross Instructors and teach CPR, AED, First Aid, and Wilderness and Remote First Aid skills to Scouts and Leaders. It is our recommendation that potential instructors plan to deliver training on a district or service area basis as there is considerable expense and time involved in becoming an American Red Cross Instructor and obtaining the necessary equipment. Having an instructor in a single BSA unit, teaching one or two courses per year can be a very expensive, labor and equipment intensive undertaking.

For BSA leaders that are current or former Instructors, there is a Quick Start option which is described here:

http://www.instructorscorner.org/media/resources/candidates/QuickStart_FACPRAEDinstructions_Jul2014.pdf

Below is an overview of the steps to become an ARC instructor in FA/CPR/AED, and bridge those that request, to become ARC WRFA Instructors.

Class size and location

Venturing Crew 80, Alexandria, VA, periodically offers a FA/CPR/AED Instructor course in Alexandria, VA with a maximum of six Instructor Candidates. Sessions will be scheduled based on demand and Instructor Trainer availability.

To become a FA/CPR/AED Instructor

To participate in the First Aid/CPR/AED instructor course, instructor candidates must:

1. Have successfully completed the online Orientation to the American Red Cross.
2. Have successfully completed the online Orientation to the First Aid/CPR/AED Instructor Course.
3. Have successfully completed the online First Aid/CPR/AED Instructor Pre course Test with a score of 80 percent or better. *(Steps 2, 3, and 4 require approximately 2 hours, in total.)*
4. Possess current American Red Cross Adult and Pediatric CPR and AED and First Aid, certification(s) or equivalent *(May be included at the beginning of the Instructor Course - approximately 6 hours - as needed)*

5. Obtain all materials needed for both the instructor and participants before entering the first session of the instructor course. *These are available for free download. Printed and electronic copies are included in our Instructor course fee (see list below).*
6. Be at least 16 years of age on the last day of the instructor course. *Although the Red Cross permits 16 year old's to become FA/CPR/AED instructors, we strongly recommend 18 as a minimum age when teaching scouts and scouters.*

Certification Requirements - To be certified as an instructor, candidates must:

1. Successfully complete the prerequisite requirements.
2. Attend and actively participate in all course sessions.
3. Successfully complete class activities including two practice-teaching assignments.
4. Score at least 80 percent (20 correct answers out of 25 questions) on the instructor written exam.

Course structure

1. Complete the on-line portion at least 3 days prior to the first class session
2. If needed, successfully complete the 6 hour Adult and Pediatric CPR and AED and First Aid Course - *usually a Saturday*
3. Successfully complete the classroom portion of the Instructor course, including two practice teaching assignments - *usually three, 3 hour evening sessions, typically a Monday, Wednesday, and Friday following the Saturday course.*

Instructor Class Course Topics

Session 1

Verification of Age and Training Prerequisites	The Critical Eye
Introduction	Facilitation Skills
Presentation System and Equipment	Optional Modules and Lessons
Get to Know a Lesson	Practice Teaching Overview
Observing and Evaluation Skill Performance	Practice Teaching 1 and 2 Assignments
Using Skill Assessment Tools	Instructor's Corner
Skill Assessment and Practice 1	

Session 2

Skill Assessment and Practice 2	Conducting Scenarios
Practice Teaching 1	At the Scene Activity Cards
Conducting Skill Sessions	Hands-Only CPR
Coaching and Prompting	Orientation to Red Cross FA/CPR/AED Programs

Session 3

Practice Teaching 2	Course Record Administration Training
Demonstration Skills: Scenarios	American Red Cross Awards
Review and Challenge Courses	Local Red Cross Chapter Orientation
Course Record Forms	Instructor Exam
Course Completion Certificates	Closing

Materials provided with the FA/CPR/AED instructor course

One each of the following:

Adult Ready Reference Card	Stock No. 754001	\$3.50
Pediatric Ready Reference Card	Stock No. 754002	\$3.50
Participant's Manual	Stock No. 754000	\$9.95
Instructor's Manual	Stock No. 754003	\$49.95

A digital CD containing downloaded Red Cross FA/CPR/AED presentation (Adobe Presenter) and other course related information

Equipment required to teach FA/CPR/AED courses

Manikins Adult/Infant, 1 per student or 1 per 2 students
Manikin Lungs
Breathing Barriers
Gloves
Bandage materials
Adult / Pediatric Ready Reference Cards (may be librated)
AED Trainers 1 per two students
Computer with software and TV or projector for Course Presentation
Optional: First Aid/CPR/AED DVD **Stock No. 754004** \$174.95

Note: Red Cross Chapters no longer rent this equipment.

Instructor Candidate Information on the Red Cross Instructor's Corner web site

<http://www.instructorcorner.org/facpraedcandidates/>

Reference documents (available in .PDF):

First Aid/CPR/AED Instructor Course Fact Sheet
Manikin Comparison Chart
Manikin Decontamination and use

To become a Wilderness and Remote First Aid Instructor

There is a WRFA Instructor bridging course for current FA/CPR/AED instructors of about 7 hours. Although successful completion of the basic level WRFA course is not a stated prerequisite to take the bridging course, it is strongly recommended. There is also an on-line Bridging process.

Opportunities as a Red Cross Instructor

As a BSA/ARC instructor, you will be teaching under a special Boy Scouts of America - American Red Cross agreement known as a **Authorized Provider agreement** which has special pricing. You will also be eligible to teach for Red Cross Chapters and other organizations that have an **Authorized Provider** or a **Licensed Training Provider** contract with the Red Cross.